

Enneagramic-Jesus

Christian Scriptures and Christian theology present Jesus, as the God-Man, who assumed in his own person all that is needed to be saved, at his incarnation. Letter to the Hebrews says about Jesus' human nature: "For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin" (Heb. 4: 14-16). This scripture text implies that: Jesus experienced full range of human emotions, including anger, joy, compassion, and grief; he experienced physical weaknesses, hunger, and thirst; he ate real food; and he died as every other human. If he had only been a spirit instead of being a man, he would have been unable to die. Thus, by accepting human nature, Jesus has embraced everything that belongs to human nature. St. John of Damascus highlights this truth, when he says: "Had there been anything of me not assumed [by the Word-Incarnate], it would not have been saved." Hence, Christian faith in Jesus' incarnation as the principle of salvation implies that Jesus experienced human nature as human nature really is, including its temptations and weaknesses, though he never sinned. Thus, every aspect of human nature that needs to be redeemed is embraced by Jesus at his incarnation. Let us explain this point further.

Each Enneagram type is characterized by dominant positive traits, and a compulsion and avoidance, which are integral part of the Enneagramic-self of that Enneagram type. The compulsion and avoidance prevent one to live out the positive qualities that belongs to the "essence" of his/her Enneagramic-self. Each Enneagram type takes the positive qualities specific to that type, and pushes them to the extremes of excess or defect due to the impact of its specific compulsion and avoidance. Thus, one's compulsion and avoidance turn his/her personality that is limited by them into the ultimate way of being a person, at the cost of he/she failing to become an integrated and authentic person. The compulsion and avoidance associated with each Enneagram type is a sin against wholeness, and speaking from the spiritual point of view – a sin against holiness, because it takes that part of one's personality tainted by compulsion and avoidance, and pretends that it is his/her whole self-fulfillment and state of holiness. Hence, each Enneagramic-self stained by its compulsion and avoidance needs to be saved and redeemed in order that it can achieve true wholeness/holiness.

Hence, the Christian belief that Jesus, by his incarnation, has redeemed humanity automatically implies that Jesus' personality, as a human being, should be seen as possessing all the nine Enneagram types. At Jesus' incarnation, by embracing everything that needs to be redeemed and saved in human nature, Jesus concretely assumes the positives, compulsions, and avoidance characteristic of each Enneagram personality type. Unlike other humans, instead of taking one quality of being a person by working with one compulsion and avoidance, and making it his/her life's fulfilment, Jesus accepted to live all the qualities of humanness, work with all compulsions and avoidances, and thereby achieve perfect humanness. In order to live a life without sin, Jesus worked with compulsions of each personality type, avoided compulsive behavior of pushing one quality to an extreme, so that the distinctive qualities of each Enneagram type could be part of his authentic personality. Because Jesus accepted, by his

incarnation, all nine ways of being human, and lived them without their respective compulsions, his personality is Enneagramic – that is, all nine Enneagram types integrated in the most perfect manner. Thus, Enneagramic-Jesus and his Enneagramic-personality can become a model for all the nine Enneagram personality types in their journey to self-discovery, dealing with their compulsions and avoidances, and their path to true freedom.